

PLAYA GRANDE BEACH CLUB

WHAT TO DO

ON PROPERTY

SURFING, BODY BOARDING, & PADDLE BOARDING

Surfing and body-boarding are the best suited for Playa Grande, a mecca for experienced surfers who like to catch a session of big waves. The country's highest ranked surfers are from the nearby towns and own and operate the Playa Grande Surf Shack that offers daily lessons for all experience levels. *\$45/hour*

NATURE HIKE

In the hills above Playa Grande is an expansive national nature preserve. Cristian will take you on a hike through the hills and show you local plants, flowers, and lore. This 45-minute hike requires a medium level of agility. *\$10/adult and \$5/child.*

PERSONAL TRAINING SESSIONS

Enjoy the natural setting as trainer, Irma, (a licensed massaged therapist and personal trainer) takes advantage of beach trees, paths, and the natural surroundings for unique, dynamic workouts. Sessions are 1-on-1 or larger, as per your request and will be tailored to individual levels and goals. (Advance notice required.) *\$110/hour*

SPA & MASSAGE SERVICES

Susana Day Spa provides in-house services. Massages are offered privately in your bungalow or near the beach. *\$75/hour for Susana's Day Spa*

TENNIS

Play a match on our har-tru court nestled in the woods along the landscaped paths and trails of Playa Grande. Schedule a court time or lesson. Let us know if you would like us to connect you with other guests looking for a game. (To play with an instructor, advance notice is required.)

\$35/per hour to play with instructor

\$60/per hour lesson with instructor

DANCE LESSONS

Learn merengue, salsa, and bachata with Yulissa and Ferlon. *\$25/pp one-hour class for 2 or more people*

BASEBALL OR SOFTBALL

Baseball is the Dominican pastime. Attend a local game...and they might even let you play! *Free.*

YOGA

Enjoy yoga in the open air with Jess as she leads Individual or group practice yoga sessions.

\$120/one hour private class (1-2 people)

\$165/one hour group class (3-6 people)

\$220/one hour group class (7 or more people)

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JUST DOWN THE ROAD...

These prices do not include transportation costs which vary depending on your choice of vehicle.

HORSEBACK RIDING

Ride through the surrounding area, through the hills, caves, rivers, and beaches. Please let us know your experience level first.

10 minute drive from Playa Grande.

\$75/per person for 2 hours

\$100/per person for 3 hours to ride through the mountains.

WATERFALL

Tucked into the hill in Cabrera, just 20 km from Playa Grande is a beautiful waterfall. Feel free to bathe down below or for more fun you can pay locals to jump off the waterfall into the pool below.

15 minute drive from Playa Grande. Free.

LAGUNA GRI GRI BOAT TOURS

Located in the nearby town of Rio San Juan. Explore the lagoon in small-captained wooden boats to take in this Dominican national while enjoying a spectacular sunset.

Daytime rides can be complemented with snorkeling exploring caves and swimming through schools of fishes.

5 minute drive from Playa Grande

\$84 for a 40 minute tour up to 6 people

10 people or more \$10/per person

LAGO DUDU & BLUE LAKE

Experience a traditional cenote (a deep water sinkhole).

Soar across the turquoise waters and explore nearby caves, swimming or on foot.

20 minute drive from Playa Grande.

\$5/per person on your own

\$15/per person with our guide

FISHING TRIPS

A truly local fishing boat experience! Leave from the Laguna Gri Gri in Rio San Juan with a local fisherman. You will fish with a nylon string in typical Dominican fashion.

We'll send sandwiches, as the trip lasts from about 7:30 am – 1:30 pm.

\$50/2 people + \$20/additional person

Local shore fishing

Try it Dominican style. Walk right up to the ocean's edge with a length of fishing string wrapped around a soda bottle and try your luck. Kids' favorite!

Free.

SNORKELING

You will leave from the Laguna Gri Gri in Rio San Juan and travel through El Caletón beach and hidden caves and arrive in a natural pool. We will send fruit to feed the fish!

\$60/per person for 2 hours

KAYAKING

You will leave from a local ranch in Rio San Juan and cruise over 1.5 kilometers of beach where you will arrive at a mangrove in a lagoon and a variety of local fish, birds, and crustacean life.

\$65/per person for 2 hours

PADDLEBOARDING

You will leave from a local ranch in Rio San Juan and cruise over 1.5 kilometers of beach where. For the more adventurous, you can arrive to the Laguna Gri Gri.

\$65/per person for 2 hours

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WHAT TO DO

VENTURING FURTHER AWAY...

NOTE: The best tour company on the North Coast is Iguana Mama, located one hour west of Playa Grande in the town of Cabarete. Most of the adventure tours can be booked directly through them: www.iguanamama.com

These prices do not include transportation costs which vary depending on your choice of vehicle.

WINDSURFING & KITE BOARDING

Water sports are a way of life in the town of Cabarete, One hour west of Playa Grande. World-renowned for its trade winds that make it ideal for kite or windsurfing, afternoon winds allow for a late morning start.

One hour drive from Playa Grande

\$60 for rental equipment and one hour lesson

MONKEY JUNGLE & ZIP LINE

Monkey Jungle is a monkey rescue and sanctuary where all proceeds go directly to a local free hospital. Walk through trails where squirrel and capuchin monkeys will jump right on your shoulder (or head!) and eat fruit from your hand. This is a great activity for your last day on your way to Puerto Plata (POP) airport just before your flight.

1.5 hour drive from Playa Grande and 35 minutes from POP.

\$25 for monkey tour only, \$50 with zip line

HUMPBACK WHALE-WATCHING

Humpback whales spend their winters just off of the Samaná Peninsula here in the Dominican Republic.

Between the beginning of January and the end of February you can enjoy this marine spectacular.

Seasonal – January and February only.

1.5 hour drive from Playa Grande.

\$65/per person for one-day boat ride

THE COLONIAL ZONE, SANTO DOMINGO

The Zona Colonial (Spanish for “Colonial Zone”) is the historic central neighborhood of Santo Domingo and the oldest permanent European settlement of the New World. It has been declared a World Heritage Site by UNESCO. It is an important section of the city due to the high number of landmarks. On the north end of Calle Las Damas, the restored and expanded Plaza de España is bordered by Las Atarazanas (former naval yard, now a museum) and a number of small shops and restaurants.

The Alcázar de Colón, having once been the colonial palace of the Columbus (Colon) family—beginning with his son Diego—is now a museum displaying period furniture and decorations. The building was originally built in 1510. Stay at the Sofitel Nicolas Ovando or Casas del Siglo XVI.

2.25 hour drive from Playa Grande.

27 WATERFALLS

Located in the Northern Corridor mountain range of the DR are 27 pools, etched out of limestone. Do just a few or try the full 27 for a much more adventurous challenge.

See link: <http://27charcos.com/index.php>

2.25 hour drive from Playa Grande

\$20 per person